

## **Information for Participants**

Thank you very much for considering to participate in this research project. This document will explain why the research is being done and what your participation will involve. Feel free to contact me at [estudioentrenosotros@protonmail.com](mailto:estudioentrenosotros@protonmail.com) if any information is unclear or if you have any questions.

### **What is the purpose of this research?**

This project is an academic / psychotherapeutic investigation which explores the experiences around the self-disclosure of Minor Attracted Persons (MAP) using Gestalt theory. The researcher would like to know more about what happens when a person with minor attraction confides in someone (family friend, friend, partner, therapist, etc).

### **What does your participation mean?**

Participation is completely voluntary, confidential, and anonymous. The researcher will ask you questions about your self-disclosure experience in three parts (before, during and after confiding in someone). The interview (either audio or live chat or email interview) will last one hour maximum. If it is an audio interview, the researcher records it and then transcribes it. If it is a live chat or email interview, the written information that you provide will be used for the research. Your answers, along with the answers of other participants will provide the basis for the data analysis.

### **How will the information be used?**

Extracts from the interview can be cited in the thesis, conference presentation or published papers.

### **What if I change my mind about participation?**

You can cancel at any time before the interview. During the interview, you can withdraw at any moment or refuse to answer any questions without any consequence. You can also change your mind and withdraw your permission also after the interview. You have four weeks after the date of the interview to do so. In this case, please contact the researcher by mail: [estudioentrenosotros@protonmail.com](mailto:estudioentrenosotros@protonmail.com). After four weeks the data analysis begins, and it will not be possible to withdraw after this point.

### **How will you ensure that the conversation and information remain anonymous and confidential?**

Protecting your identity is the utmost priority. The researcher will not ask for your name or other identifying information. Your IP address will not be displayed or collected. All participation is completely anonymous, unless you send an email from an identifiable source (e.g., an email address with your name on it). The researcher can also provide information on how to access a VPN for additional security. The researcher contacts participants using a *protonmail* account to ensure that communication is as secure as possible.

Audio recordings or chat/email answers will be kept at the researcher's home and only the researcher will have access to the data until the dissertation is published, after which the audio file will be deleted along with the transcribed/written material.

Your identity will not be linked to your data. This will be done by changing your name and disguising any details from the interview, which may reveal your identity or the identity of the people you are talking about. In addition, each participant can choose their own

pseudonym and this pseudonym will be used during our communication, the interview and for the data analysis.

### **What risks are involved in participating in this research?**

You may find it distressing or uncomfortable to talk about your experiences. After the interview, the researcher and you are welcome to debrief and talk about your experience.

### **What are the possible benefits?**

Your responses will be invaluable for MAP research in Spanish. Currently there is limited research about this topic in Spanish language. It will also be an opportunity for you to share and reflect on your experience of self-disclosure.

### **How can I get more information about the results?**

Please email the researcher.

### **Has anyone reviewed the study?**

The research has been subject to ethical approval by the *Instituto Humanista de Psicoterapia Gestalt* (IHPG).

### **How can I participate?**

Please contact me by email. I will reply to you within 48 hours. We can then discuss further questions and details about the interview.

### **How will you obtain consent without me having to sign anything?**

The declaration of consent will be twofold.

1. If you decide to proceed to be a participant, I will send you a form entitled **Informed Consent**. Please read this document carefully. If you have any questions, you can email me. If you agree to the terms, please email me the **Informed Consent** document as an attachment. You do not need to sign it.
2. At the beginning of our interview, I will ask you to verbally consent to being audio recorded. After that, I will ask you to verbally consent to the **Informed Consent** agreement, which will be recorded. I will later transcribe the verbal agreement and this will be the second part of your consent.

### **What if I have more questions?**

If you have any questions or concerns, please contact the researcher ([estudioentrenosotros@protonmail.com](mailto:estudioentrenosotros@protonmail.com))

### **Who is the main investigator?**

My name is Zsuzsi Bayer and I am originally from Hungary. I have lived and studied in Mexico for several years where I also work as a therapist.

### **Researcher contact details:**

Zsuzsi Bayer

[estudioentrenosotros@protonmail.com](mailto:estudioentrenosotros@protonmail.com)

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